

**H.B. 843 Kentucky Commission on Services and Supports for Individuals
With Mental Illness, Alcohol and Other Drug Abuse Disorders, and Dual Diagnosis
June 17, 2002 Meeting Minutes
Capital Annex, Room 149
Frankfort, Kentucky**

Commission Members Present: Representative Mary Lou Marzian, Commissioner Margaret Pennington, Kim Allen, Robin Fowler, Tara Parker, Director Maureen Fitzgerald, William Heffron, Rick Purvis, Angela Wilkinson, Bob Damron, Commissioner Mike Robinson, Senator Charlie Borders, Karen Quinn, Director Jerry Whitney, Sandy Goodlett, Larry Carrico.

WELCOME

- Co-Chair Representative Mary Lou Marzian called the meeting to order and made brief introductory remarks.

UPDATES

Executive Order & Nomination Process for Members Representing Consumers, Family Members and Regional Planning Councils

Commissioner Pennington reported that she hopes the Executive Order will be signed today in order to officially add the new members. Once the order is signed, letters will be sent to consumer and family groups asking for nominations to be selected by Secretary Morgan. Secretary Morgan will be choosing one consumer member and an alternate, and one family member and an alternate. Letters will also be sent to the Kentucky Association of Regional Programs (KARP), who will be working with the Regional Planning Councils to identify a representative. She reported that hopefully, these members would be in place by the next meeting.

Budget Roll-Out

Bruce Scott reported on the Governor's proposed budget rollout. He reported that staff had been working with the Association of Regional MHMR Programs to develop an approach. He reported on five areas:

- **Crisis Stabilization Units (CSUs):** The Governor's proposed budget includes \$2 million for FY03 and \$2 for FY04 to complete the CSU network in the regions. Regions who have no existing state funding for CSUs will be funded for either an adult or children's unit in FY03. Regions that have an existing program that is funded by other sources (i.e., block grant funds) would also be funded. In FY04, there will be less money available per unit, but there are some operating costs and startup costs that would be offset by other revenues, such as Medicaid or insurance. This will complete the network of CSUs in the state. Money will be allocated

pending the Governor's direction by a proposal process. Once appropriate proposals are submitted and accepted, the money would be released for spending.

- **Olmstead:** Known as the Olmstead Wraparound Initiative, this will include \$1.1 million in FY03 and \$0.8 million in FY04 for wraparound services for individuals currently in state hospitals, and subject to the Olmstead decision by the Supreme Court. This decision requires the state to take reasonable steps to move these individuals to a community setting of their choice, if the individual is appropriate for the community. Funds will also be available to make room in a specialized mental health personal care home if this were the destination of choice. Funding would be allocated to the CMHC in the region where the hospital is located. A committee would be convened at the hospital consisting of representatives from the regional CMHC, the hospital staff, and DMH to work towards a prioritized budget that is highly individualized to enable these individuals to begin moving toward the community setting. If the person were moving to another region, the fiscal agent (CMHC) would contract for services with another appropriate provider in the community of choice.
- **Jail Training and Consultation:** The proposed budget includes \$275,000 for FY03 and \$275,000 for FY04 to implement a training program related to mental health consultation and education to jailers and their staff. DMHMRS will develop a training curriculum and will work with the MHMR boards in the delivery of the training. The Criminal Justice/Behavioral Health Committee of the HB 843 Commission will make recommendations about a "train the trainers, and the ultimate delivery to the jails and their staff. Ten thousand dollars will be allocated for FY03 for the cost of the train the trainers delivery. The remainder of the money will be allocated according to the number of jail beds per region. The money will be allocated to the CMHCs as the fiscal agent.
- **Early Childhood Mental Health Services:** This is an initiative of the Department of Public Health, who has asked DMHMRS to implement it through the CMHCs. This program will allocate \$1 million each for FY03 and FY04. Approximately \$118,000 will be held at the state level to administer the program. This will include evaluation, a consultant, and training. The remainder will be distributed to the regions for an early childhood consultant to daycare centers, pediatricians, neo-natal clinics, or whomever has a need for expert consultation regarding a very young child with either an emotional disability or the high potential for one. The regions may realize revenues from other payees from this program. If so, it would allow them to expand the program if evaluation and outcomes data show that the program has been effective.

Representative Damron asked what would happen if the increased funding is not approved in the budget. Commissioner Pennington reported that the information she has received has instructed them to move forward, and that no "plan B" has been outlined.

- **Support of Regional Planning Councils:** The proposed budget includes a direction, but no additional funds for the continued work of the planning councils. The current allowance is \$12,500 per year for all of the councils.

REGIONAL PLANNING COUNCIL UPDATES

Region XIV

Wanda Bolze thanked the Commission on behalf of the Lake Cumberland Regional Planning Council. She reported that the members are very excited, and feel that their voice is being heard in Frankfort. She reported that the council meets quarterly. They invited Steve Shannon from KARP to speak about the budget and the recommendations. They also had a reception for the legislators in order to brief them on what is happening with the Regional Planning Council. They also keep the Adanta Regional MHMR Board apprised of their work, so that they can attend the meetings if desired. A letter was recently sent to invite the members to continue their work with the planning council. All meeting notices are in the local newspapers, in order to inform the community. The council reports that they have little input from the law enforcement community, so they plan to target that area for input. The feeling is that the “bottom up” approach is working, and has been very effective.

Region VI

Bernie Block reported to the Commission on the work of the Region VI Planning Council. He thanked the Commission on behalf of the planning council for their work and commitment. He reported that the planning council is made up of 47 diverse and broad-based individuals. The council was divided into 4 teams to develop goals and objectives. The members then voted on them. Twelve local work teams were formed to outline steps to take locally to achieve the primary goals. These teams included all 47 of the council members, in addition to many others in the community with expertise in those areas. Recently, these teams have developed into 6 teams to begin implementation of the various steps. Metro United Way awarded \$150,000 in grants to Wellspring, Bridgehaven, and Family Counseling Centers based on and consistent with the priority goals of the Regional Planning Councils. He reported that they remain an active and focused council that continues to work towards their goals. He distributed an information template related to their goals, and copies of a series of articles from The Courier-Journal on improving Kentucky’s behavioral health care system. He emphasized the need for intervention and prevention for this population.

MEDICAID TRANSPORTATION PROGRAM UPDATE

Cindy Stoops of the Department for Medicaid Services (DMS) reported on the new transportation program for the Louisville/Jefferson County area to be implemented July 1, 2002. DMS has been working with the Transportation Cabinet in order to move from a voucher system to a brokerage system for transportation to non-emergency Medicaid covered services. A transportation group will begin offering these services to Bullitt,

Jefferson, Oldham, Spencer, and Shelby counties. The company has a lot of experience providing transportation for these sorts of services, and has already begun receiving calls to set up appointments. There have been several forums conducted to inform the community. Medicaid has sent out a recipient notification informing them of the process for scheduling services and a telephone number for the Office of Transportation Delivery. This office houses three program coordinators to help recipients with any problems or issues they are having with the brokerage system. Denise Simpson, parent representative for the Jefferson Regional Interagency Council (RIAC) relayed concerns being expressed in her community, including the fact that children under 14 are required to have an escort during transportation, and the transportation company won't provide rides after 6:00 p.m. This is causing accessibility problems.

WORK GROUP CHARGES

Housing

Lou Kurtz of the Division of Mental Health (DMH) reported to the Commission on the charges to the Housing Workgroup. The charge is as follows:

- To consider and recommend system collaboration strategies to increase availability of housing options within these general goals:
 1. Increase housing stock – single family dwellings, group homes, congregate living,
 2. Increase access to existing housing stock, and
 3. Increase housing supports

The next meeting of the Housing Workgroup will be July 19, 2002 at the Division of Mental Health, 8:30 a.m. – 10:30 a.m.

Employment

Robin Fowler presented the charges to the Employment Supports Work Group. She outlined four objectives, and strategies by which these objectives would be met. The objectives are:

1. **Expansion of statewide Supported Employment Services** – Using the employment data from regional reports, the group will develop a picture of current opportunities available statewide for supported employment and training. From this information, the group will develop action steps to improve statewide availability of employment options and supports. The group will review the work of the Supported Employment Stakeholders Group and develop action steps from this information as well.
2. **Employer Education** – The group will review the KY Business Leadership Network's Employer training plan and develop action steps from the expertise of this network. They will also look at the KY Supported Employment Training Project and it's potential to provide training related to mental illness and employment. The work group will also identify an employer to be part of the group.
3. **Medicaid Buy-In** – The work group will consult with the Medicaid Buy-In work group to identify the current status of this work group to determine action steps to help facilitate it.

4. **Increase Employment Opportunities for Older Workers** – The work group will collaborate with the Older Adult Work Group to include an assessment of employment needs for this population. Action steps will be developed from this information.

Medication Access Work Group

Sheila Schuster reported that the group is going to concentrate on best practices and current efforts before setting membership and charges. They will be holding a one-day conference (yet to be scheduled) to direct their charge.

WORK GROUP UPDATES

Children

Dr. Sheila Schuster summarized the Children's Work Group process which involves four different subgroups; 1) Continuum of Care, 2) Access, 3) Priority Needs, and 4) Cost Effectiveness. Each of the subgroups have met and have developed their individual charges which were approved by the Commission at its last meeting. The target for development of the Continuum of Care and description of Barriers to Access is August 30th. There was discussion at the last Children's Work Group meeting about the best way to incorporate the Regional Planning Councils' input in designating in each region the most pressing unmet needs in children's mental health and substance abuse prevention and treatment. Overarching or system priorities which have been described will then be summarized by the Children's Work Group.

Criminal Justice Work Group

Kim Allen reported that the Criminal Justice Work Group met on May 22nd to review their new charge and the status of the recommendation. One of the main tasks is to develop the curriculum for the training for the jailers. Once this is drafted, it will be circulated to the Regional Planning Councils for input.

Professional Staffing

Michelle Blevins reported that the group looked at information from the HB 843 Commission data regarding staffing to make sense of the issues. She reported that they had brought together university personnel, and personnel from DMH, the CMHCs, and professional boards. They were charged to split into regional teams, and brought information back to the work group. A follow-up forum is planned. Commissioner Pennington informed Michelle that Lindsay Wilson College is working with the CMHCs regarding their interest in expanding their behavioral health curriculum to a master's level.

Public Education

Carol Carrithers reported that the work group had been divided into three smaller groups. The first is working on a resource inventory across the state. The second is studying a perception survey done in 1990, and is considering re-surveying. The third is an exploratory group to study funding issues. Commissioner Pennington inquired as to whether or not the group had developed a slogan, message, or speaking points. These items have not been developed yet, but the group is working on this. They will meet Tuesday, July 27th at 1:30 p.m. at Seven Counties Services.

Aging

Barbara Gordon and Phyllis Parker reported that they had held their first meeting, and that there is active participation, but they are still recruiting. The first issue is to identify treatment needs and reduce the prevalence of mental health and substance abuse issues in older adults. Mrs. Gordon asked the commission to develop a means or structure to study this, based on recommendations from the work group. Once this is developed, the Regional Planning Councils will conduct the same assessment based on their geographic areas. The group will link with DMHMRS and the Aging Coalition to try to engage them in the work group. It was emphasized that the work group needs representation regarding substance abuse. The group will meet on July 24th at 10:00 a.m., location TBA.

Quality Assurance

Steve Shannon reported that the work group has not met yet, but will meet on July 10th at 10:00 a.m. at DMHMRS.

Advanced Mental Health Directives

Carolyn Cates-Glass and Dr. Schuster reported that the group met on June 3rd, and that all groups represented supported the current concept of advanced directives. There are many issues to work on, but the group is committed to exploring all areas. She reported that instead of drafting a bill at this time, the work group is looking at questions and issues. They will continue to update the Commission, and hope to provide drafted legislation for Commission review by November 30, 2002.

Approval of Minutes

The minutes were approved with the following changes:

- The date on the minutes should be corrected from April 29, 2002 to May 6, 2002.
- Terry Vance attended representing Angela Wilkins

NEXT STEPS

Commissioner Pennington asked that the activities of the work groups be posted on the webpage. A meeting date is to be announced for late August. Details will be forthcoming.

With no further business, the meeting was adjourned.